

# LAFUENTE

HOLLYWOOD TREATMENT CENTER

## 2025 ANNUAL OUTCOMES REPORT



# Why Outcomes Report Matter

When it comes to LGBTQ+ addiction treatment, data isn't just numbers on a page—it's the key to better care, stronger outcomes, and healthier communities. To date, La Fuente Hollywood Treatment is the first LGBTQ+ specific program to conduct and share outcome reports.

By tracking progress, analyzing patterns, and understanding what works—and what doesn't—La Fuente can design services that are informed by real data. These reports allow La Fuente to move beyond guesswork and instead provide care that is evidence-based, responsive, and tailored to LGBTQ+ needs.

The goal isn't just to get someone into treatment; it's to help them sustain recovery.

Outcomes reports provide insights into why some clients return to treatment multiple times and how providers can decrease recidivism. Equally important, outcomes reports are a resource to share with others in the field. By exchanging knowledge across agencies and providers, La Fuente can elevate the standard of care for the entire LGBTQ+ community.

Outcomes reports matter because they ensure LGBTQ+ individuals receive treatment that is not only compassionate but also effective. They bridge the gap between intention and impact, turning data into action, and action into hope.

By committing to this level of accountability and transparency, we move closer to a world where every LGBTQ+ person has access to care that truly supports their journey to recovery.





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## About La Fuente

La Fuente Hollywood Treatment Center ("La Fuente") is in Los Angeles, California. Since 2011 La Fuente has been committed to offering comprehensive treatment for substance use, mental health, and co-occurring disorders, with a focus on the unique needs of the LGBTQ+ community.

La Fuente provides personalized treatment plans incorporating evidence-based therapies, including dialectical behavior therapy (DBT) and cognitive-behavioral therapy (CBT). The center also embraces holistic practices like mindfulness and yoga to enhance the emotional and physical well-being of those in recovery.

As the only LGBTQ-specific drug rehabilitation center in the Greater Los Angeles area, La Fuente is uniquely equipped to address the complex challenges faced by LGBTQ+ individuals, including heightened health risks and discrimination.

### Levels of Care



# How We Collect Data

We use Vista Research Group for independent, third-party research that measures the effectiveness of our programs. Their platform provides real-time patient monitoring and long-term follow-up data, allowing us to evaluate outcomes with transparency and accuracy. These insights help us continuously improve care, demonstrate effectiveness, and build trust with patients, loved ones, providers, and payers.



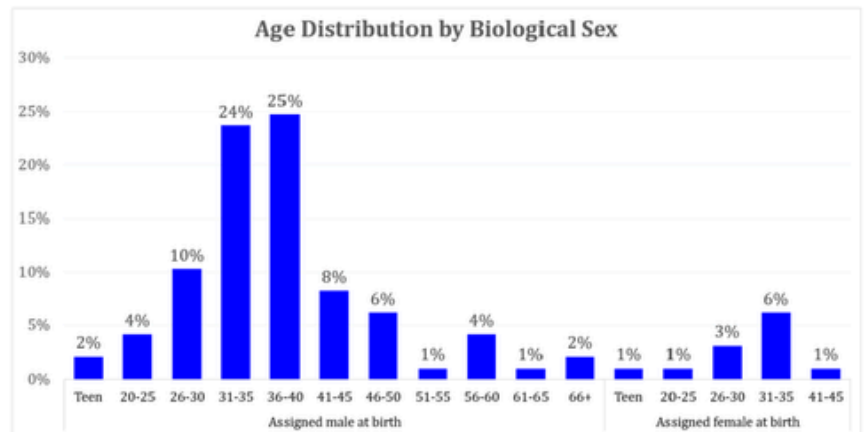
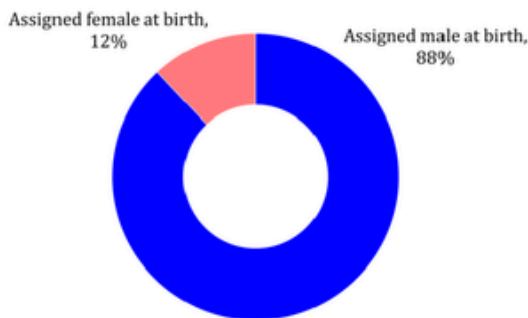
## About Vista Research Group

Vista is dedicated to improving addiction and mental health outcomes through data. Its INSIGHT Behavioral™ Progress Monitoring system screens patients at intake and provides clinicians with ongoing reports tracking symptom severity, treatment satisfaction, and family relationship quality. To measure long-term outcomes, Vista researchers follow up with a random selection of patients one, six, and 12 months post-discharge, making multiple outreach attempts and ensuring confidentiality. Aggregated results benchmark effectiveness across programs and give treatment centers clear, reliable insights to continually improve care.

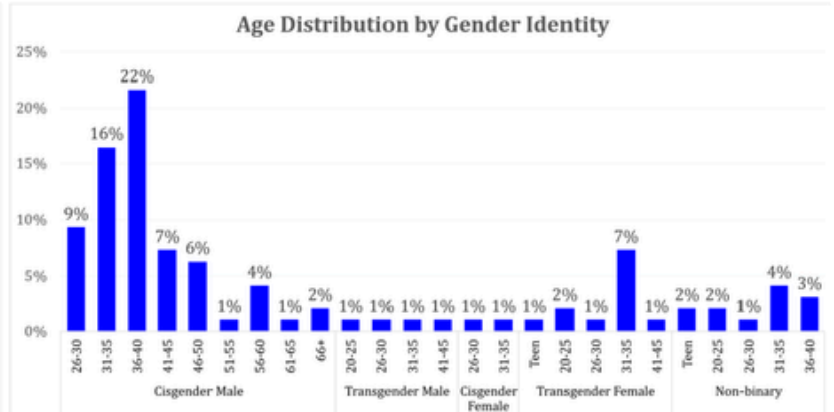
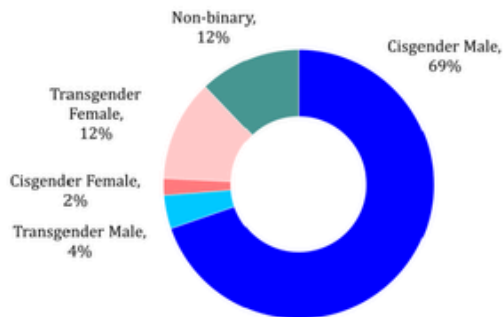
# Demographics

The majority of patients (88%) reported their biological sex as assigned male at birth, and 69% reported their gender identity as cisgender male. About two-thirds of patients (65%) identified their sexual orientation as gay, and another 12% identified as bisexual. The median age was 35:

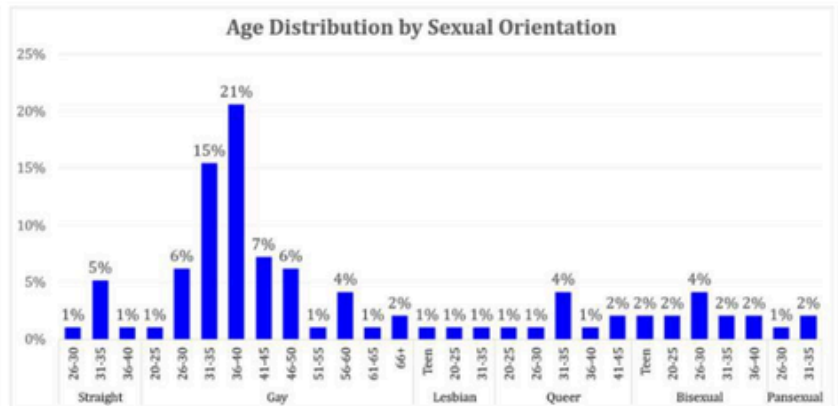
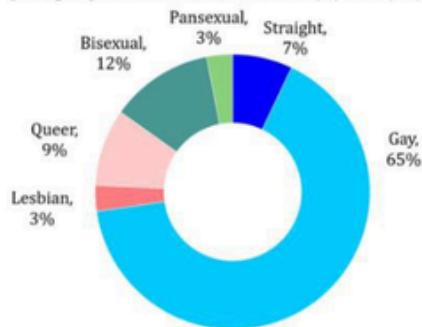
**La Fuente Hollywood Treatment Center**  
Biological Sex  
(among 97 patients in treatment between 5/1/24 & 5/31/25)



**La Fuente Hollywood Treatment Center**  
Gender Identity  
(among 97 patients in treatment between 5/1/24 & 5/31/25)



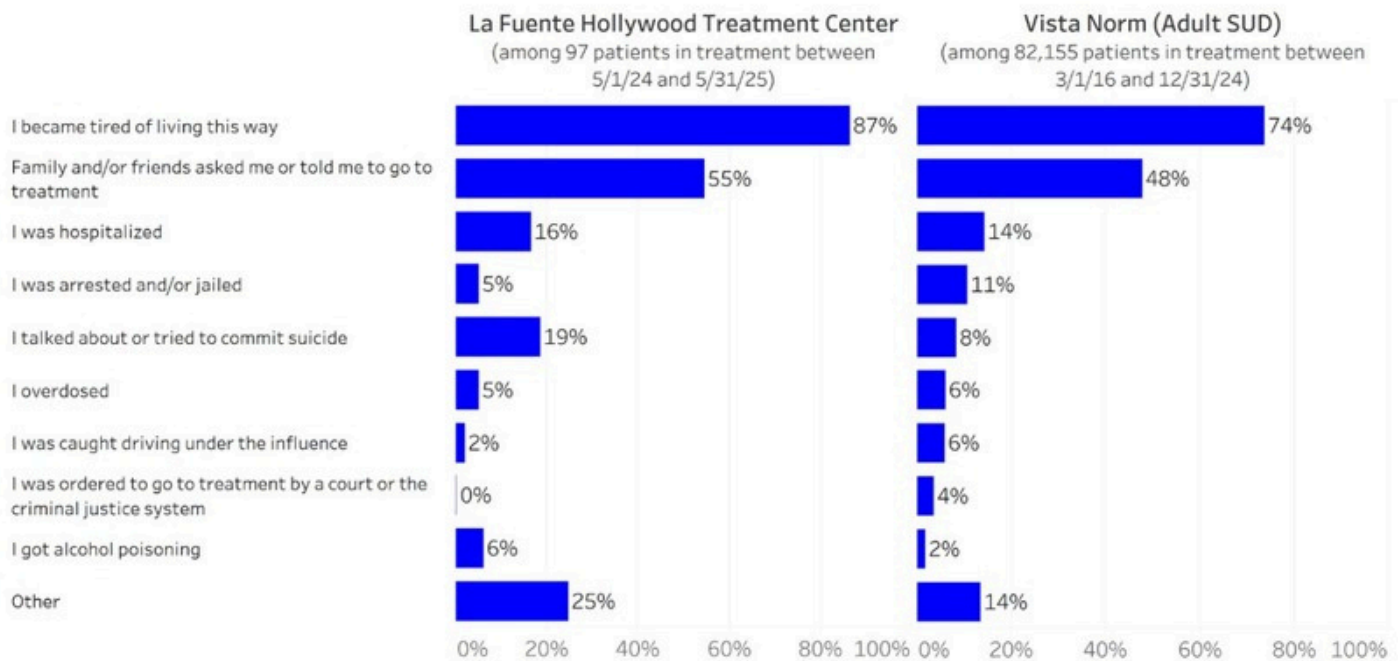
**La Fuente Hollywood Treatment Center**  
Sexual Orientation  
(among 97 patients in treatment between 5/1/24 & 5/31/25)



# Why Patients Entered Treatment

What Led to Treatment: The majority of La Fuente patients (87%) said they entered treatment because they "became tired of living this way," and another 55% said they were asked by family and/or friends to go into treatment. Both of these are higher than the norm for patients treated in the Vista Research Network since 2016. Nineteen percent (19%) of La Fuente patients reported having talked about or tried to commit suicide prior to treatment, which is higher than the Vista norm of 8%:

What Happened Right Before that Led to Treatment

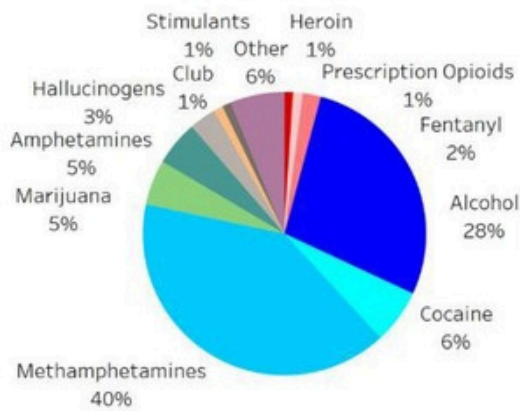


# Substance Use

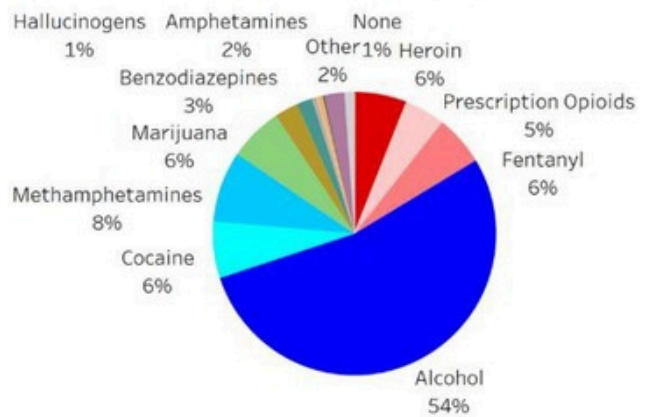
Primary Drug of Choice: Methamphetamines were the primary drug of choice for 40% of La Fuente patients, and alcohol for 28% of the patients. The other drugs were each preferred by less than 10% of patients:

## What is Your Primary Drug of Choice?

**La Fuente Hollywood Treatment Center**  
(among 97 patients in treatment between 5/1/24 and 5/31/25)



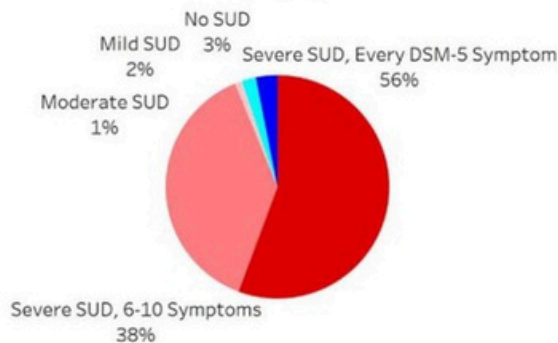
**Vista Norm (Adult SUD)**  
(among 34,040 patients in treatment between 1/1/22 and 12/31/24)



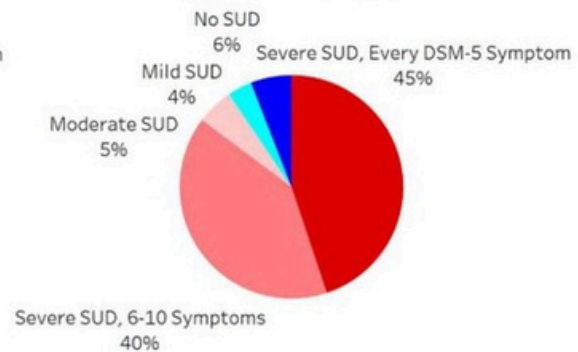
**Addiction Severity:** The majority (94%) of La Fuente patients reported symptoms consistent with the DSM-5 criteria for severe substance use disorder (SUD), higher than Vista's norm of 85%. A higher percentage of La Fuente patients (56%) reported experiencing all 11 of the DSM-5 SUD criteria in the year prior to treatment compared to the Vista norm of 45%:

## Addiction Severity

**La Fuente Hollywood Treatment Center**  
(among 97 patients in treatment between 5/1/24 and 5/31/25)



**Vista Norm (Adult SUD)**  
(among 82,155 patients in treatment between 3/1/16 and 12/31/24)



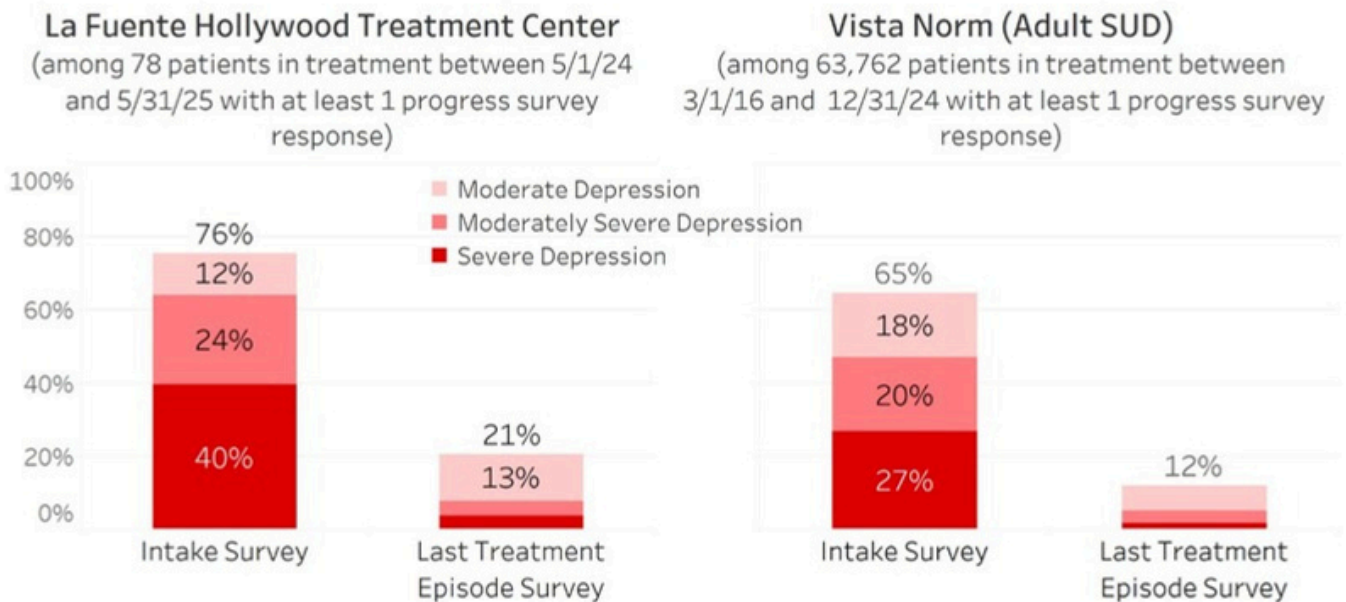
# PROGRESS DURING TREATMENT

During the time they were in treatment, the percentage of La Fuente patients who reported experiencing co-occurring disorder symptoms declined dramatically. The following graphs illustrate how the percentage of patients reporting symptoms declined between intake and the last progress monitoring survey they submitted.

These graphs only include patients who submitted at least one follow-up survey. Because not all patients submitted update surveys, the following intake percentages may differ from those shown in the table in the previous section. Results by program are based on the level of care patients were in when they completed their last treatment survey.

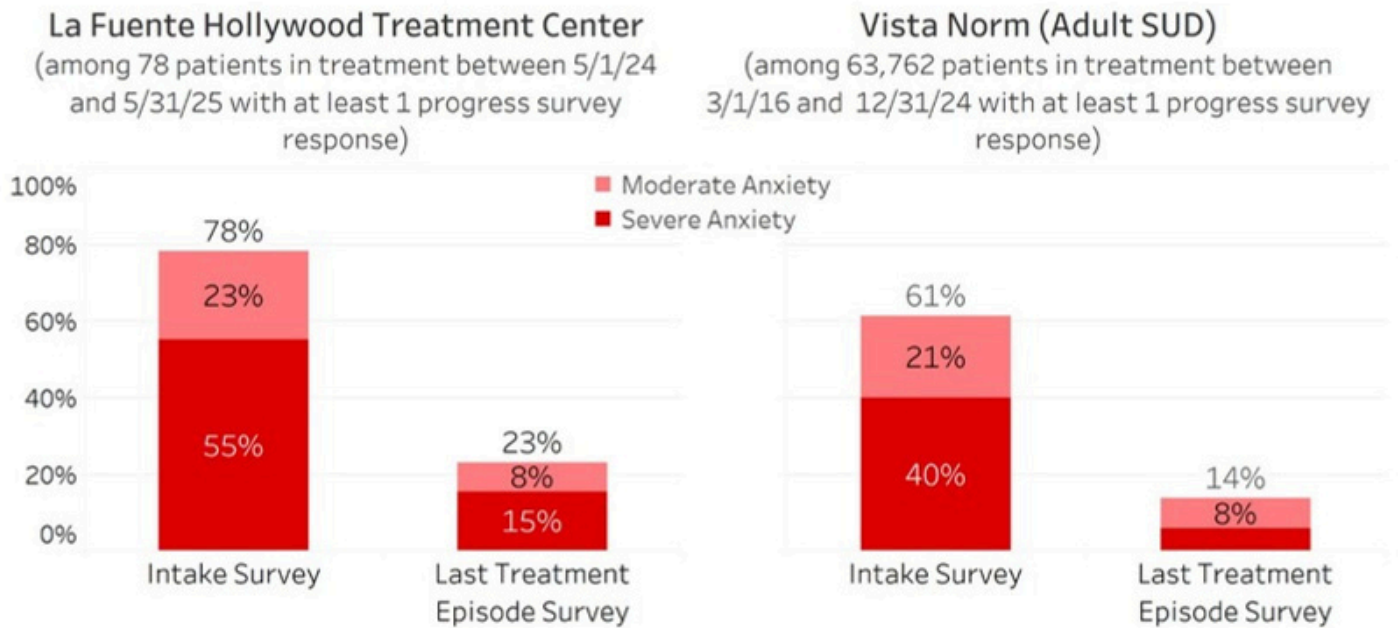
**Depression:** On the last progress monitoring survey they completed, 21% of La Fuente patients reported experiencing moderate to severe depression symptoms, which is higher than the Vista norm of 12%:

## Patient Progress on Depression Symptoms (PHQ-9)



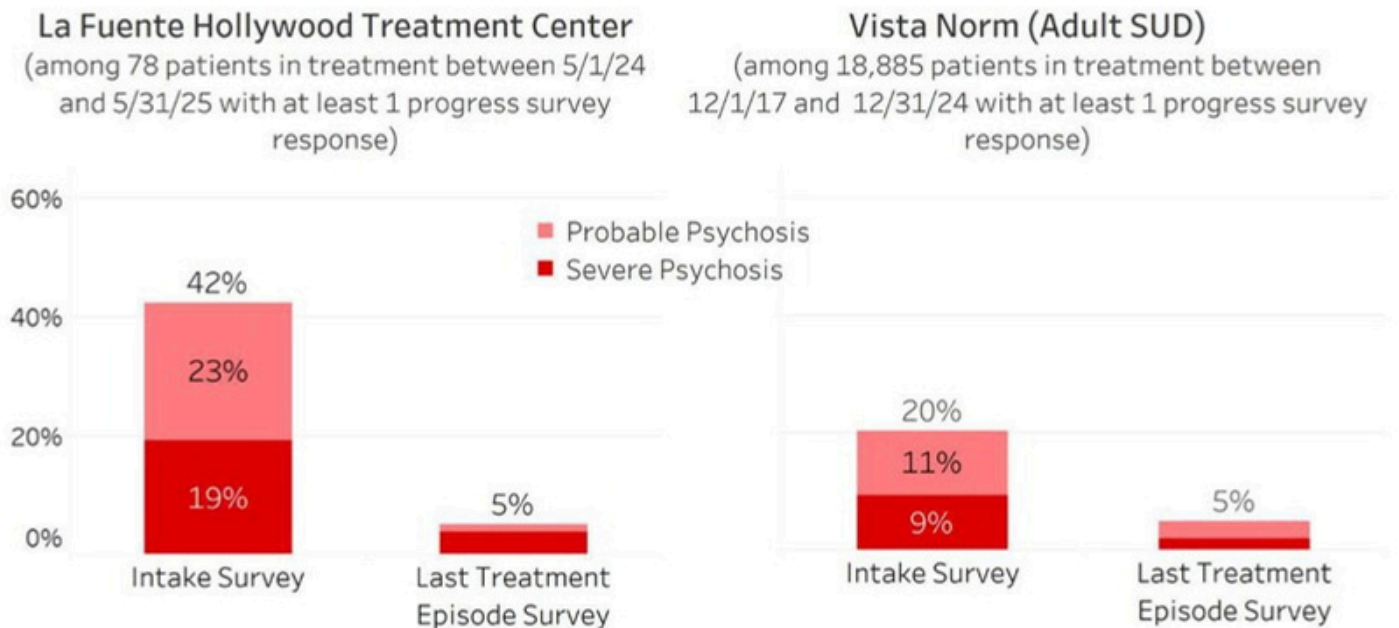
**Anxiety:** Twenty-three percent (23%) of La Fuente patients reported moderate to severe anxiety symptoms on their last progress monitoring survey, which is higher than the Vista norm of 14%:

## Patient Progress on Anxiety Symptoms (GAD-7)



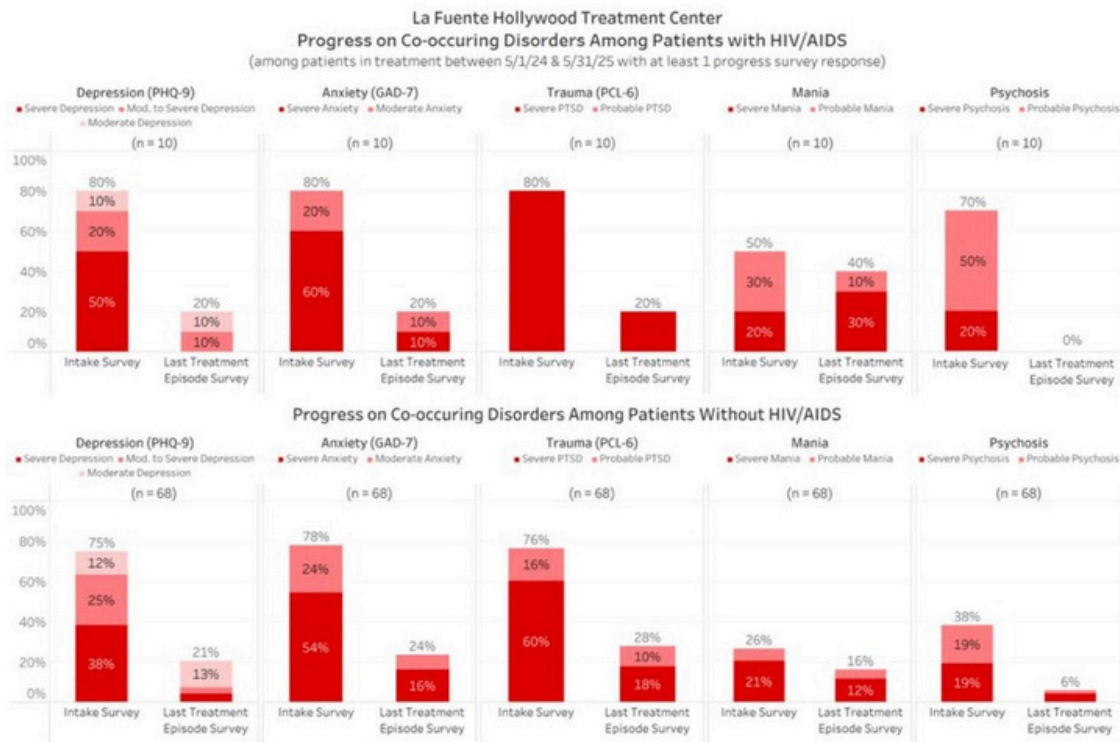
**Psychosis:** Five percent (5%) of La Fuente patients reported probable or severe symptoms of psychosis on their last progress monitoring survey, which is comparable to the Vista norm of 5%:

## Patient Progress on Psychosis Symptoms



# PROGRESS AMONG PATIENTS WITH HIV/AIDS

More than 10% of La Fuente's patients reported living with HIV/AIDS at intake. The following charts show the progress these patients reported during treatment. While the differences in depression, anxiety, and PTSD were minimal, patients with HIV/AIDS entered treatment with notably higher levels of mania and psychosis:



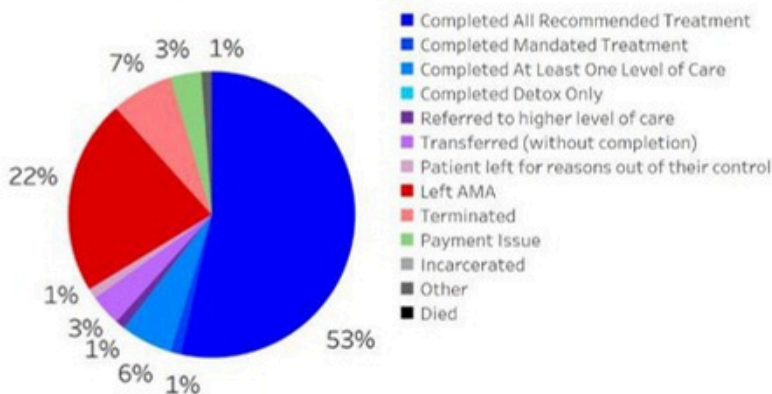
# TREATMENT SUCCESS

## Treatment Completion Rate vs Vista Norm

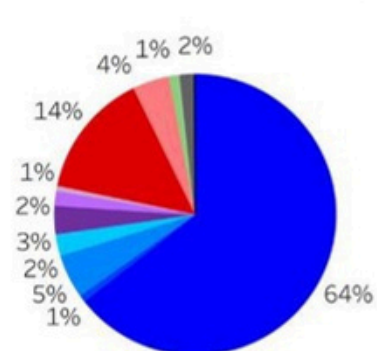
Among 86 patients discharged from La Fuente between May 1, 2024, and May 31, 2025, 53% completed all recommended treatment, 1% completed all mandated treatment, and 6% completed at least one level of care. Another twenty-two percent (22%) left treatment against medical advice. The median length of stay for patients completing all recommended or mandated treatment was 38 days. The percentage of La Fuente patients completing all recommended treatment (53%) is lower than the Vista norm of 64%:

### Treatment Completion

**La Fuente Hollywood Treatment Center**  
(among 86 patients discharged from treatment between 5/1/24 and 5/31/25)



**Vista Norm (Adult SUD)**  
(among 77,232 patients discharged from treatment between 3/1/16 and 12/31/24)



Treatment completion rates varied by level of care. Much lower percentages of detox (8%) and PHP (25%) patients completed all recommended treatment. Perhaps this is because detox and PHP had the highest AMA rates. Additionally, 15% of detox patients were transferred without completion, and 25% of PHP patients were asked to leave.

# Treatment Completion Rate vs. National Norms

Because La Fuente offers a continuum of care, there are no directly comparable national norms. The closest comparable national data is for patients completing detox, a long-term residential program, or IOP in the 2022 TEDS-D dataset. In this case, the 60% of La Fuente patients who successfully completed treatment compares positively to the 43% of TEDS-D patients who completed long-term residential treatment and the 26% who completed IOP treatment:

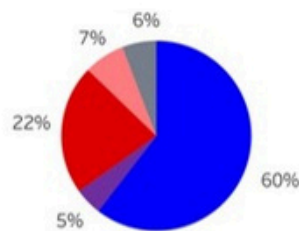
## Treatment Completion Rate vs. National Average

### La Fuente Hollywood Treatment Center

(among 86 patients discharged from treatment between 5/1/24 and 5/31/25)

**Successful Completion: 60%**

Median LOS of Successful Treatment: 37 Days



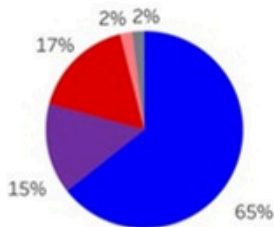
■ Successful Completion ■ Transferred (w/o completion) ■ Left AMA ■ Terminated ■ Other

### TEDS-D Detox

(among 207,464 SUD discharges in 2022)

**Detox National Avg: Successful Completion 65%**

Median LOS of Successful Treatment: 5 Days

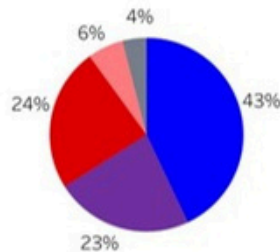


### TEDS-D Long-Term Residential (>= 30 days)

(among 96,177 SUD discharges in 2022)

**LT RES National Avg: Successful Completion 43%**

Median LOS of Successful Treatment: 62 Days

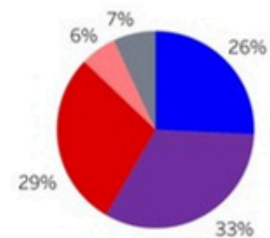


### TEDS-D Intensive Outpatient

(among 157,739 SUD discharges in 2022)

**IOP National Avg: Successful Completion 26%**

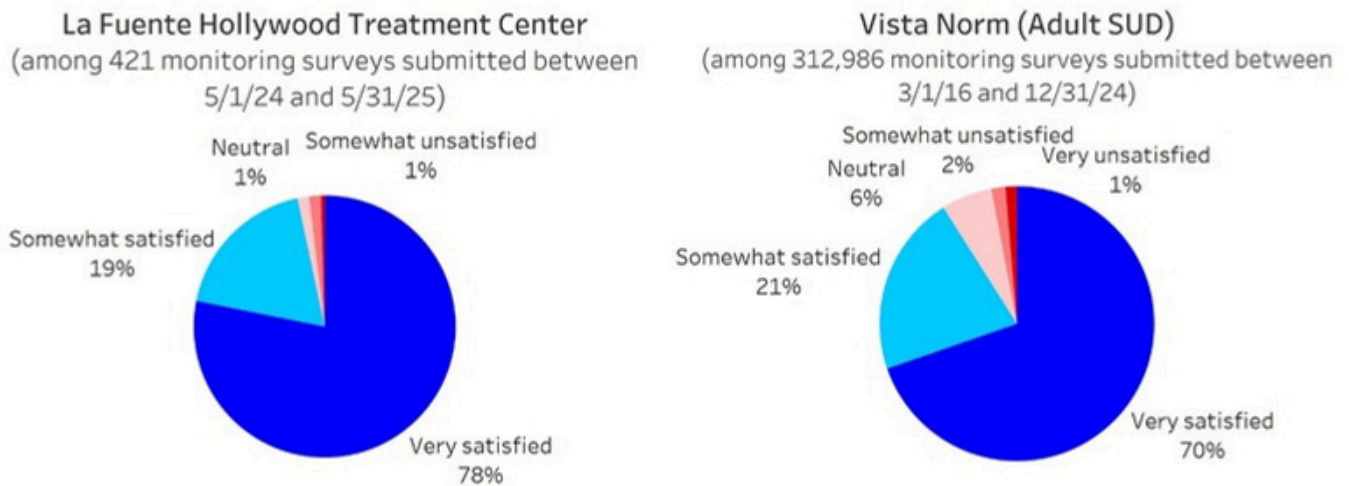
Median LOS of Successful Treatment: 88 Days



# Satisfaction with Treatment

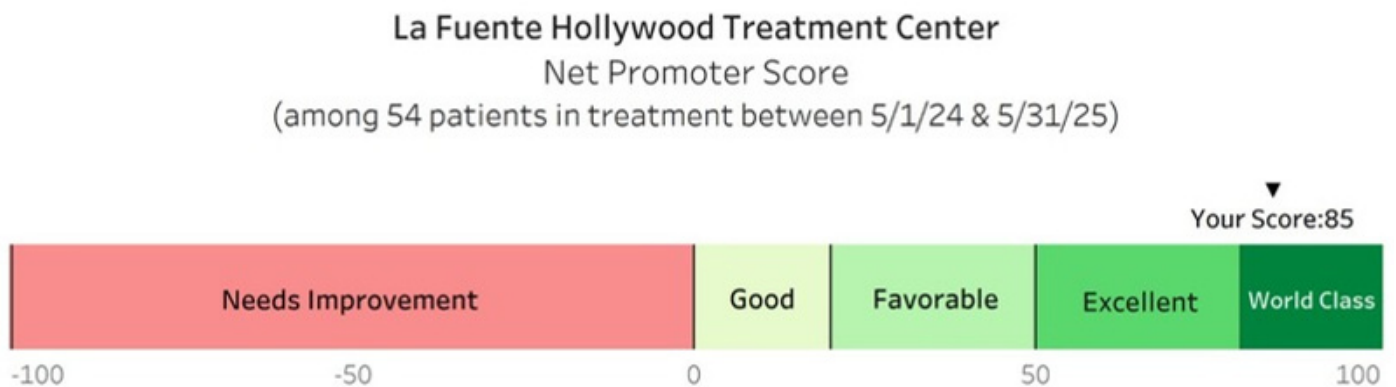
The majority (78%) of La Fuente patients who submitted update surveys during treatment reported being very satisfied with the care they received, which is higher than the Vista norm of 70%. Another 19% said they were somewhat satisfied.

## Patient Satisfaction with Treatment



## Net Promoter Score

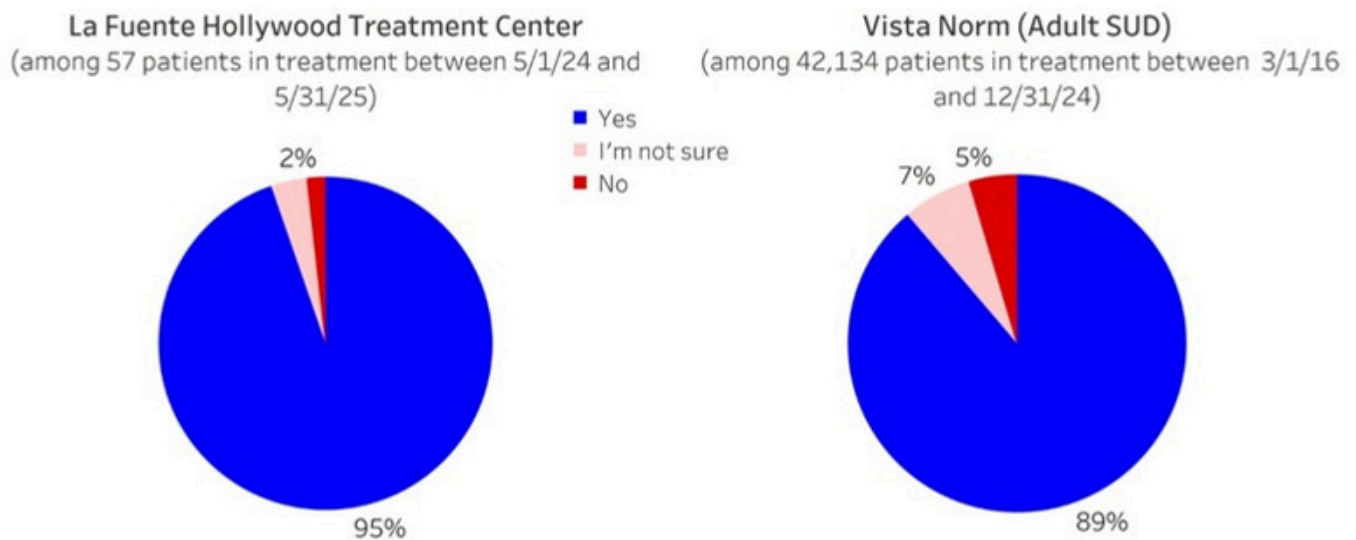
The Net Promoter Score (NPS) is a measure of customer loyalty and satisfaction, gauging how likely clients are to recommend a service to others. La Fuente has achieved a world class NPS of 85, indicating a very strong level of satisfaction among their patients:



# Meeting Treatment Goals

Patients who indicated a progress monitoring survey was likely to be the last they would submit before they left treatment were asked several questions about their treatment goals. The vast majority of La Fuente patients (95%) reported having been asked about their treatment goals during treatment, which is higher than the Vista norm of 89%:

## Were Patients Asked About Treatment Goals



# Long term/12 month post treatment outcomes

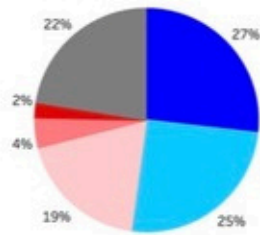
Our post-treatment follow-up data show that many La Fuente patients continue to experience meaningful gains after discharge. In the follow-up data, 52% of former patients rated their overall feeling as good or excellent at one month, 47% at six months, and 57% at 12 months. Abstinence outcomes were also excellent, with 61% reporting abstinence since treatment at one month, 55% reporting current abstinence at six months, and 63% reporting current abstinence at 12 months. For broader context, our data collection partner Vista Research Group's review of their national follow-up dataset show that only 37% of adult rehab patients reported no alcohol or non-prescribed drug use in the last 30 days one year after treatment. Using that national benchmark, La Fuente's 12-month abstinence outcome is exceptional and far exceeds the national average.



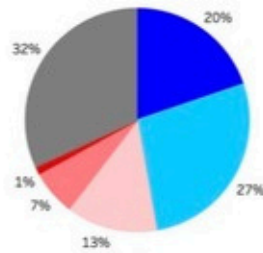
# Long term/12 month post treatment outcomes

## Overall Feeling Post Treatment

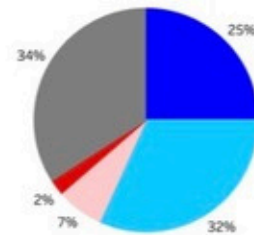
**One month Post-Treatment**  
(among 138 patients discharged between July 2024 and December 2025)



**Six month Post-Treatment**  
(among 91 patients discharged between July 2024 and July 2025)



**Twelve month Post-Treatment**  
(among 44 patients discharged between July 2024 and January 2025)



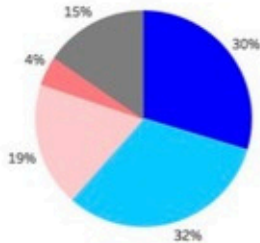
One month

Six month

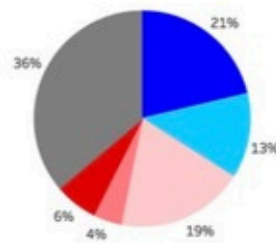
Twelve month

## Overall Feeling One Month Post Treatment

**One Month - Completed Treatment**  
(among 91 patients discharged between July 2024 and December 2025)

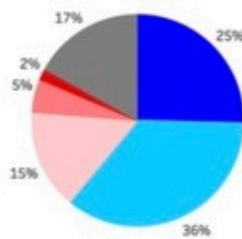


**One Month - Did Not Complete Treatment**  
(among 47 patients discharged between July 2024 and December 2025)

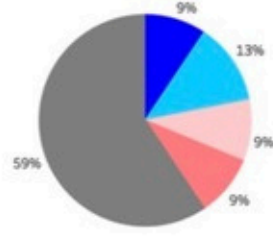


## Overall Feeling Six Month Post Treatment

**Completed Treatment**  
(among 59 patients discharged between July 2024 and July 2025)



**Did Not Complete Treatment**  
(among 32 patients discharged between July 2024 and July 2025)





## **La Fuente Hollywood Treatment Center Earns Conquer Addiction's 2025 Excellence in Treatment Award**

Conquer Addiction's Excellence in Treatment award recognizes addiction treatment centers with superior, independently verified post-treatment success rates. Now in its seventh year, this award from the nonprofit Conquer Addiction is designed to help families find rehabs that can demonstrate their treatment works.

La Fuente Hollywood Treatment Center, an addiction treatment center in Hollywood, California, specializing in treating LGBTQ people, started conducting outcomes research in mid-2024.

Among 35 patients who left treatment between June 19, 2024, and December 31, 2024, 54.3% were reachable and reported abstaining from alcohol and all illicit drugs for at least the last 30 days at six months post-treatment, which is substantially above the 37% average for the addiction treatment industry.